



Chisholm Catholic Primary School

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3rd November, 2021

TRANSITION TO HIGH SCHOOL WORKSHOP

Hi Year 6 Students, Parents and Carers,

2021 has been an event filled year so far and as such we want to make sure all year 6 students have access to the best transition to high school support. We have arranged for the Kids Helpline to run a 1 hour, Transition to High School workshop for the entire grade 6.

This will involve covering topics such as:

- Coping with change
- Know how to prepare for high school
- What to expect on your first day
- Organisational skills and managing a school workload

This workshop will be run by Kids Helpline counsellors via Zoom. Year 6 teachers and the School Counsellor will be supporting the Kids Helpline counsellors in facilitating this session and supporting all students to engage in the workshop.

Students will be allocated into two separate groups, allowing for smaller group discussions and engagement in the workshop.

Facilitators: Kids Helpline Counsellors

<https://kidshelpline.com.au/schools/sessions/transition-high-school>

When: Week 7, Term 4, 2021
Tuesday 16th November
11:30am-12:30pm

Attendance: If you do not wish for your child to participate, please notify your child's homeroom teacher by the 12th November, 2021.

Michael Mifsud
Principal
Chisholm Catholic Primary

Monique Beglinger
School Counsellor
Catholic Education Diocese of Parramatta