## **Chisholm Catholic Primary School**



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## Cross Country / Fun Run 2023

Dear Parents & Carers,

This year's Chisholm Cross Country / Fun Run for Kindergarten to Year 6 will be held on Friday 3rd March. It will commence at 9.00am and conclude at approximately 12.30pm.

Kindergarten, Year 1 and Year 2 (7 years) will run 800 metres. The 8, 9 and 10 years age group children will run 2000 metres. The 11 and 12 year age group will run 3000 metres. It is expected that all children participate in the event and complete the course at their level of fitness.

On the day students are asked to wear their full sports uniform. Spikes <u>are not</u> to be worn. It is important that the children are well nourished with a good breakfast and hydrated on the morning of the carnival.

Parents and carers are invited to attend our Cross Country event as spectators and volunteers. In order for the event to proceed safely, we ask that you only sit in the designated spectator area.

All parent / carer volunteers will need to have completed the '<u>Building Safe</u> <u>Communities</u>' online training prior to the event. Please fill in the <u>Parent/Carer</u> <u>Helper Form</u> if you are able to assist.

Photos from the day will be posted on our social media pages.

Yours sincerely,

Karen Baxter Sports Coordinator